



February 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast: English Muffins, Cream Cheese, Sliced Apples, Milk & Water Lunch: Chicken Breast, Broccoli, Pears, Whole Wheat Bread, Milk & Water PM Snack: Mandarin Oranges, Pretzels, Water	4 Breakfast: Scrambled Eggs, Whole Wheat Toast, Peaches, Milk & Water Lunch: Diced Ham, Rice Pilaf, Peas & Carrots, Apricots, Milk & Water PM Snack: Ritz Crackers, String Cheese, Water	5 Breakfast: Yogurt, Fresh Blueberries, Granola or Cheerios, Milk & Water Lunch: Meatballs, Green Beans, Whole Wheat Bread, Mixed Fruit, Milk & Water PM Snack: Fresh Cucumbers, Ranch Dip, Whole Wheat Saltines, Water	6 Breakfast: Whole Grain Pancakes, Fresh Strawberries, Milk & Water Lunch: Whole Wheat Grilled Cheese, Tomatoes, Pineapples, Milk & Water PM Snack: Goldfish, Sliced or Whole Apples, Water	7 Breakfast: Whole Grain Cheerios, Fresh Banana, Milk & Water Lunch: Flatbread Cheese Pizza, Fresh Garden Salad or Veggie Mix, Peaches, Milk & Water Snack: Avocado, Fresh Carrots or Cucumber, Rice Cakes or Ritz Crackers, Water
10 Breakfast: Whole Wheat Bagel, Sun Butter, Sliced Apples, Milk & Water Lunch: Chicken Breast, Green Beans, Pears, Whole Wheat Bread, Milk & Water PM Snack: Mandarin Oranges, Graham Crackers, Water	11 Breakfast: Scrambled Eggs, Whole Wheat Toast, Peaches, Milk & Water Lunch: Beef and Cheese Tacos, Corn, Black Beans, Apricots, Milk & Water PM Snack: Ritz Crackers, String Cheese, Water	12 Breakfast: Yogurt, Fresh Blueberries, Granola or Cheerios, Milk & Water Lunch: Hamburgers, Baked Beans, Pickles, Mixed Fruit, Milk & Water PM Snack: Fresh Bell Peppers or Cucumber, Ranch Dip, Whole Wheat Saltines, Water	13 Breakfast: Whole Grain Waffles, Fresh Strawberries, Milk & Water Lunch: Whole Grain Spaghetti with Meat Sauce, Fresh Garden Salad or Veggie Mix, Pineapples, Milk & Water Snack: Cheez-It Crackers, Sliced or Whole Apples, Water	14 Breakfast: Whole Grain Kix Cereal, Fresh Banana, Milk & Water Lunch: Fish Sticks, Cooked Carrots, Sliced Pears, Milk & Water Snack: Hummus, Fresh Zucchini or Cucumber, Wheat Thins or Ritz Crackers, Water
17 CLOSED IN OBSERVANCE OF PRESIDENTS DAY	18 Breakfast: Scrambled Eggs, Whole Wheat Toast, Peaches, Milk & Water Lunch: Diced Ham, Rice Pilaf, Peas & Carrots, Apricots, Milk & Water PM Snack: Ritz Crackers, String Cheese, Water	19 Breakfast: Yogurt, Fresh Blueberries, Granola or Cheerios, Milk & Water Lunch: Meatballs, Green Beans, Whole Wheat Bread, Mixed Fruit, Milk & Water PM Snack: Fresh Cucumbers, Ranch Dip, Whole Wheat Saltines, Water	20 Breakfast: Whole Grain Pancakes, Fresh Strawberries, Milk & Water Lunch: Whole Wheat Grilled Cheese, Tomatoes, Pineapples, Milk & Water PM Snack: Goldfish, Sliced or Whole Apples, Water	21 Breakfast: Whole Grain Cheerios, Fresh Banana, Milk & Water Lunch: Fish Sticks, Fresh Garden Salad or Veggie Mix, Peaches, Milk & Water Snack: Avocado, Fresh Carrots or Cucumber, Rice Cakes or Ritz Crackers, Water
24 Breakfast: English Muffins, Cream Cheese, Sliced Apples, Milk & Water Lunch: Chicken Breast, Green Beans, Pears, Whole Wheat Bread, Milk/Water PM Snack: Mandarin Oranges, Pretzels, Water	25 Breakfast: Scrambled Eggs, Whole Wheat Toast, Peaches, Milk & Water Lunch: Beef and Cheese Tacos, Corn, Black Beans, Apricots, Milk & Water PM Snack: Ritz Crackers, String Cheese, Water	26 Breakfast: Yogurt, Fresh Blueberries, Granola or Cheerios, Milk & Water Lunch: Hamburgers, Sweet Potatoes, Pickles, Mixed Fruit, Milk & Water PM Snack: Fresh Bell Peppers or Cucumbers, Ranch Dip, Whole Wheat Saltines, Water	27 Breakfast: Whole Grain Waffles, Fresh Strawberries, Milk & Water Lunch: Whole Grain Spaghetti with Meat Sauce, Fresh Garden Salad or Veggie Mix, Pineapples, Milk & Water Snack: Cheez-It Crackers, Sliced or Whole Apples, Water	GO TEXAN DAY 28 Breakfast: Whole Grain Kix Cereal, Fresh Banana, Milk & Water Lunch: BBQ Sausage, Baked Beans, Corn Bread Muffins, Cowboy Cookies, Peaches, Milk & Water Snack: Graham Crackers, Milk & Water
<p>Whole milk is served to children under 2 1% milk is served to children over 2 Cereals have less than 6 g sugar/1 oz Yogurt has less than 2 g added sugar/1 oz Some food substitutions are noted for infants and toddlers not yet ready for crunchy foods.</p>				