





March 2022



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast: Waffles, Mandarin Oranges, Milk/ Water Lunch: Chicken Nuggets, Carrots, mixed fruit, Roll, Milk/ Water PM Snack: Whole Grain Rice Cake, pears, Water	2 Dr. Seuss Day Breakfast: Green Eggs and Ham, Whoville Hash Browns, Pears, Milk/Water Lunch: Roast Beast Sausage, Rolls, Lorax Mustaches (Mandarin Oranges), Truffala Trees (Broccoli), Milk/Water PM Snack: One Fish, Two Fish, Red Fish Blue Fish (Goldfish), Pink Yink Ink Drink (100% Fruit Juice)/Water	3 Breakfast: Blueberry Muffin, Banana, Milk/ Water Lunch: Cheese Pizza, Fresh Oranges, Carrots, Milk/ Water PM Snack: trail mix, juice/Water
6 Breakfast: French Toast, Bacon, mandarin oranges, Milk/ Water Lunch: Mini Cron Dogs, Broccoli, Diced Peaches, Milk/Water PM Snack: Whole Wheat club crackers, Apricots, Water	7 Breakfast: Beef Kolaches, Apple Sauce, Milk/ Water Lunch: Fish Sticks, Green Beans, Diced Pears, Whole Wheat Bread, Milk/Water PM Snack: Graham Crackers, Pineapple, Water	8 Breakfast: Bran Muffin, Pears, Milk/ Water Lunch: Beef Tacos, Brown Rice, Corn, Mandarin Oranges, Milk/ Water PM Snack: Wheat Thins, Sliced Cheese, Water	9 Breakfast: Vanilla Yogurt Parfait with Granola, Fresh Blueberries, Milk/Water Lunch: Chicken Nuggets, Whole Wheat Bread, Green Beans, Mixed Fruit, Milk/ Water PM Snack: Cheese Quesadilla, Water	10 Breakfast: Special K Cereal, Bananas, Milk/ Water Lunch: Hamburger on Whole Wheat Bun, Sliced Zucchini, Diced Peaches, Milk/ Water PM Snack: Whole Wheat Ritz, String Cheese, Water
13 Breakfast: Apple Muffin, Fruit cocktail, Milk/ Water Lunch: Macaroni and Cheese, Peas, Orange Slices, Milk/ Water PM Snack: Graham Crackers, Applesauce, Water	14 Breakfast: Pancake & Sausage on a Stick, apricots, Milk/ Water Lunch: Chicken Sliders, Green Beans, mandarin oranges, Milk/ Water PM Snack: Vanilla Yogurt, Peaches, Water	15 Breakfast: Egg & Cheese Omelet, Whole Wheat Toast, Pineapple Tidbits, Milk/ Water Lunch: Spaghetti, garlic Bread, Peas, Sliced Apricots, Milk/ Water PM Snack: Club Crackers, Fresh Oranges, Water	16 Breakfast: Biscuits, Pan Sausage, Peaches, Milk/ Water Lunch: Chicken Patty, Garden Salad with Ranch Dressing, Sliced Pears, Whole Grain Bread, Milk/ Water PM Snack: English Muffins, sliced cheeses, Water	17 St. Patrick's Day Breakfast: Whole Grain cheerios, banana, Milk/ Water Lunch: Cheese Pizza, Mixed Vegetables, Fruit Cocktail, Milk/ Water PM Snack: Saltine Crackers, Sliced Cheese, Water
20 Breakfast: Whole Grain bagel w/ cream cheese, pears, Milk/ Water Lunch: Beef Lasagna, Garlic Bread, Green Beans, Mandarin Oranges, Milk/ Water PM Snack: Veggie Straws, peaches, Water	21 Breakfast: Pancakes, applesauce, Milk/ Water Lunch: Smoked Sausage, Baked Beans, Wheat Bread, Pineapple, Milk/ Water PM Snack: Flat Bread Crackers, Fresh Apples, Milk/ Water	22 Breakfast: French Toast, Diced Pears, Milk/ Water Lunch: Chicken Nuggets, Carrots, Mixed Fruit, Rolls, Milk/ Water PM Snack: Whole Wheat Ritz Crackers, mandarin oranges, Water	23 Breakfast: Blueberry Muffins, Apricots, Water Lunch: Cheese Quesadillas, Carrots, Diced Peaches, Whole Wheat Bread, Milk/ Water PM Snack: Animal Crackers, Mixed Fruit, Water	24 Breakfast: Kix Cereal, Bananas, Milk/ Water Lunch: Grilled Cheese on Whole Wheat Bread, Corn, Orange Slices, Milk/ Water PM Snack: Goldfish, 100% Juice / Water
27 Breakfast: Pancakes, Sliced Apricots, Milk/ Water Lunch: Hamburger on Whole Grain Bun, Sweet Potato Tots, pears, Milk/ Water PM Snack: Wheat Thins, Pineapple Chunks, Water	28 Breakfast: French Toast, Pan Sausage, pineapple, Milk/ Water Lunch: Chicken Tenders, Whole Wheat Bread, Peas, Mixed Fruit, Milk/ Water PM Snack: Vanilla Pudding, Nilla Wafers, Water	29 Breakfast: Sausage on a stick, pears, Milk/ Water Lunch: Macaroni and Cheese, Peas, Orange Slices, Milk/ Water PM Snack: Cheese Itz, 100% Fruit Juice, Water	30 Breakfast: Waffles, mandarin oranges, Milk/ Water Lunch: Sloppy Joes, Corn, Diced Peaches, Milk/Water PM Snack: Whole Wheat club crackers, Apricots, Water	31 Breakfast: Cheerios, Bananas, Milk/Water Lunch: Cheese Pizza, Carrots, Pineapples, Milk/Water PM Snack: Goldfish, Milk/Water

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice is 100% full strength fruit juice. Children (age 12-24 months) are served whole milk. After 24 months, all children are served 1% milk. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability.