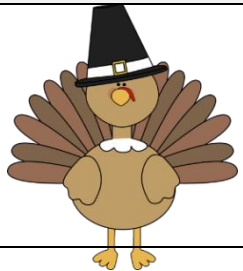






November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast: Apple Muffins, Mandarin Oranges, Milk/ Water Lunch: Grilled Cheese, Baked Beans, Pears, Milk/Water PM Snack: Cheese Its, Fresh Apples, Water	2 Breakfast: French Toast, Link Sausage, Applesauce, Milk/ Water Lunch: Chicken Sliders, California Vegetables, Pineapple Chunks, Milk/ Water PM Snack: Whole Grain Rice Cake, Fresh Strawberries, Water	3 Breakfast: Whole Wheat Cheerios, Fresh Bananas, Milk/ Water Lunch: turkey and cheese roll ups, Fresh Carrots, Fresh Orange Slices, Milk/ Water PM Snack: Wheat Thins, String Cheese, Water
6 Breakfast: Banana Muffin, Diced Pears, Milk/ Water Lunch: Macaroni and Cheese, Peas, Diced Peaches, Milk/ Water PM Snack: Animal Crackers, Apricots, Water	7 Breakfast: Pancakes, Bacon, Mandarin Oranges, Milk/ Water Lunch: Chicken Tenders, Corn, Fresh Apple Slices, Milk/ Water PM Snack: Whole Wheat Goldfish, Fresh Blueberries, Water	8 Breakfast: Sausage, Hash Browns, Diced Peaches, Milk/ Water Lunch: Hamburgers, Green Beans, Fresh Orange Slices, Milk/ Water PM Snack: Whole Grain Rice Cake, pears, Water	9 Breakfast: Blueberry Muffin, Fresh Banana, Milk/Water Lunch: Turkey and Cheese Roll Ups, Fresh Carrots, Sliced Apricots, Milk/ Water PM Snack: Whole Wheat Club Crackers, String Cheese, Water	10 
13 Breakfast: Waffle Sticks, Pan Sausage, Pineapple Tidbits, Milk/ Water Lunch: Mini Corn Dogs, Corn, Diced Peaches, Milk/ Water PM Snack: Vanilla Yogurt, Animal Crackers, Water	14 Breakfast: Biscuits, Applesauce, Milk/ Water Lunch: Chicken Alfredo, Broccoli, Wheat bread, Fresh Apple Slices, Milk/Water PM Snack: Whole Wheat Goldfish, Fresh Apple Slices, Milk/Water	15 Breakfast: French Toast, Fresh Blueberries, Milk/ Water Lunch: Turkey and Cheese Rollups, Garden Salad, Fresh Apple Slices, Whole Wheat Bread, Milk/ Water PM Snack: Ritz Crackers, Sliced Cheese, Water	16 Breakfast: Apple Muffin, Apricots, Milk/ Water Lunch: Beef Soft Tacos, Corn, Pineapple Tidbits, Milk/Water PM Snack: Veggie Straws, Applesauce, Water	17 Breakfast: Cheerios, Fresh Bananas, Milk/ Water Lunch: Turkey, Mashed Potatoes, Green Beans, Rolls, Fruit Cocktail, Milk/ Water PM Snack: Trail Mix, 100% Fruit Juice/Water <u>Thanksgiving Classroom Feasts!!</u>
20 Breakfast: French Toast, Applesauce, Milk/ Water Lunch: Chicken Nuggets, Whole Wheat Bread, Corn, Fresh Apple Slices, Milk/ Water PM Snack: Cheese Quesadilla, Water	21 Breakfast: Bagels w/ Cream Cheese, Mandarin Oranges, Milk/ Water Lunch: Pepperoni Pizza, Green Beans, Diced Peaches, Milk/ Water PM Snack: Saltine Crackers, Sliced Cheese, Water	22 Breakfast: Pancake and Sausage on a Stick, Diced Pears, Milk/ Water Lunch: Grilled Cheese Sandwiches, Peas and Carrots, Fresh Apple Slices, Milk/ Water PM Snack: Whole Grain Cheez It Crackers, 100% Fruit Juice/Water	23 	24 Breakfast: Whole Grain Kix Cereal, Fresh Bananas, Milk/ Water Lunch: Turkey and Cheese Roll-ups, Fresh Carrots, Fresh Oranges, Milk/ Water PM Snack: Ritz Crackers, String Cheese Water
27 Breakfast: French Toast, Pineapple, Milk/ Water Lunch: Chicken Patties, Whole Wheat Bread, Mixed Vegetables, Pears, Milk/ Water PM Snack: Pita Crackers, Fresh Cucumbers, Ranch, Water	28 Breakfast: Apple Muffins, Mandarin Oranges, Milk/ Water Lunch: Chicken Tenders, Carrots, Whole Wheat Bread, fresh Orange Slices, Milk/ Water PM Snack: Whole Grain Rice Cake, Fresh Blueberries, Water	29 Breakfast: Pancake/Sausage on a Stick, Sliced Apricots, Milk/ Water Lunch: Hamburger on Whole Grain Bun, Baked Beans, Applesauce, Milk/ Water PM Snack: Vanilla Wafers, Vanilla Pudding, Water	30 Breakfast: Biscuits, Pears, Milk/Water Lunch: Chicken Alfredo, Green Beans, Pineapples, Milk/Water PM Snack: Saltine Crackers, String Cheese, Water	

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice is 100% fruit juice. Children (age 12-24 months) are served whole milk. After 24 months, all children are served 1% milk. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability.