



August 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Breakfast: French Toast, Bacon, Mandarin Oranges, Milk/ Water Lunch: Fish Stick, Whole Wheat Bread, Mixed Vegetables, Pears, Milk/Water PM Snack: Pita Crackers, Fresh Cantaloupe, Water</p>	<p>2</p> <p>Breakfast: Beef Kolaches, Applesauce, Milk/ Water Lunch: Grilled Cheese Sandwich, California Vegetables, Diced Peaches, Milk/Water PM Snack: Wheat Thins, Pineapple, Water</p>	<p>3</p> <p>Breakfast: Waffles, Pan Sausage, Mandarin Oranges, Milk/ Water Lunch: Chicken Nuggets, Carrots, Apple slices, Whole Wheat Bread, Milk/ Water PM Snack: Multi Grain Club Crackers, Sliced Cheese, Water</p>	<p>4</p> <p>Breakfast: Vanilla Yogurt Parfait with Granola, Blueberries, Milk/Water Lunch: Beef Taco Nachos, Brown Rice, Corn, Mixed Fruit, Milk/ Water PM Snack: Ritz Crackers, Fresh Oranges, Milk/ Water</p>	<p>5</p> <p>Breakfast: Kix Cereal, Banana, Milk/ Water Lunch: Turkey and Cheese Roll Up, Fresh Carrots, Sliced Apples, Milk/ Water PM Snack: Whole Wheat Cheese its, Apple Slushie, Water</p>
<p>8</p> <p>Breakfast: Apple Muffin, Pineapple, Milk/ Water Lunch: Macaroni and Cheese, Peas, Orange Slices, Milk/ Water PM Snack: Flatbread Crackers, Peaches, Water</p>	<p>9</p> <p>Breakfast: Waffles, Mixed Fruit, Milk/ Water Lunch: Chicken Strips, California Vegetables, Whole Wheat Bread, Diced Peaches, Milk/ Water PM Snack: Whole Wheat Goldfish, Fresh Apples, Water</p>	<p>10</p> <p>Breakfast: French Toast, Hash browns, Pineapple Tidbits, Milk/ Water Lunch: Mini Corn Dogs, Corn, Mandarin Oranges, Milk/ Water PM Snack: String Cheese, Whole Grain Wheat Thins, Water</p>	<p>11</p> <p>Breakfast: Beef Kolaches, Applesauce, Milk/ Water Lunch: Chicken Patty, Garden Salad with Ranch Dressing, Sliced Pears, Whole Grain Bread, Milk/ Water PM Snack: Veggie Straws, Fresh Watermelon, Water</p>	<p>12</p> <p>Breakfast: Whole Grain Cheerios, Banana, Milk/ Water Lunch: Pepperoni Pizza, Fresh Carrots, Fresh Oranges, Milk/ Water PM Snack: Cheese Quesadillas, Water</p>
<p>15</p> <p>Breakfast: Biscuits, Pears, Milk/ Water Lunch: Beef Lasagna, Green Beans, Mandarin Oranges, Garlic Bread, Milk/ Water PM Snack: Veggie Straws, Apricots, Water</p>	<p>16</p> <p>Breakfast: Pancakes, Bacon, Blueberries, Milk/ Water Lunch: Beef Fingers, Zucchini Slices, Diced Peaches, Whole Wheat Bread, Milk/ Water PM Snack: Flat Bread Crackers, String cheese, Milk/ Water</p>	<p>17</p> <p>Breakfast: Blueberry Muffins, Diced Pears, Milk/ Water Lunch: Chicken Nuggets, Carrots, Mixed Fruit, Roll, Milk/ Water PM Snack: Whole Wheat Ritz Crackers, Mandarin Oranges, Water</p>	<p>18</p> <p>Breakfast: Vanilla Yogurt Parfait with Granola, Pineapple, Milk/ Water Lunch: Mac and Cheese, Corn, Peaches, Milk/Water PM Snack: Whole Grain Wheat Thins, Sliced Cheese, Water</p>	<p>19</p> <p>Breakfast: Whole Grain Kix Cereal, Bananas, Milk/ Water Lunch: Hamburger on Whole Wheat Bun, Orange Slices, green beans, Milk/ Water PM Snack: Cucumber Slices with Ranch Dressing, Pita Crackers, Water</p>
<p>22</p> <p>Breakfast: French Toast, Sausage Links, Pineapple, Milk/ Water Lunch: Cheese Pizza, Green Beans, Diced Pears, Milk/ Water PM Snack: Cheese Quesadilla, Water</p>	<p>23</p> <p>Breakfast: Waffle Sticks, Mandarin Oranges, Milk/ Water Lunch: Grilled Cheese, California Vegetables, Fresh Oranges, Milk/ Water PM Snack: Whole Grain Goldfish, Milk/Water</p>	<p>24</p> <p>Breakfast: Scrambled Eggs, Pan sausage, applesauce, Milk/ Water Lunch: Smoked Sausage, Baked Beans, Pineapple Chunks, Grain Rich Corn Bread, Milk/ Water PM Snack: String Cheese, Wheat Thins, Water</p>	<p>25</p> <p>Breakfast: Blueberry Muffin, Pears, Milk/ Water Lunch: Mini Corn Dogs, Pea, Peaches, Milk/ Water PM Snack: Rice Cakes, Pineapple Cream Cheese, Water</p>	<p>26</p> <p>Breakfast: Special K Cereal, Banana, Milk/ Water Lunch: Turkey and cheese Roll-ups, Zucchini, Fresh Apples, Milk/ Water PM Snack: Trail Mix, 100% Fruit Juice, Water</p>
<p>29</p> <p>Breakfast: Apple Muffin, Applesauce, Milk/ Water Lunch: Fish Sticks, Peas, Fresh Cantaloupe, Whole Wheat Bread, Milk/ Water PM Snack: Whole Wheat Ritz Crackers, Sliced Cheese, Water</p>	<p>30</p> <p>Breakfast: Waffles, Mixed Fruit, Milk/ Water Lunch: Chicken Nuggets, California Vegetables, Whole Wheat Bread, Diced Peaches, Milk/ Water PM Snack: Whole Wheat Goldfish, Frozen Fruit Slushie, Water</p>	<p>31</p> <p>Breakfast: Whole Grain Cheerios, Banana, Milk/ Water Lunch: Pepperoni Pizza, Carrots, Mandarin Oranges, Milk/ Water PM Snack: Cheese Quesadillas, Water</p>		

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice is 100% fruit juice. Children (age 12-24 months) are served whole milk. After 24 months, all children are served 1% milk. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability.