

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole milk is served to children under 2 1% milk is served to children over 2 Water is available to children throughout the day and at all meals and snacks. Cereals have less than 6 g sugar/ oz Yogurt has less than 2 g added sugar/oz Some food substitutions are noted for infants and young toddlers. Fruits and vegetables are fresh, frozen, or canned with minimal additives.</p>	<p>SFEI participates in the USDA Food Program and is reimbursed for serving nutritious meals and snacks. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination of the basis of race, color, national origin, sex, age, or disability.</p>			1
04	05	06	07	08
<p>Breakfast: Provolone Cheese on Wheat Toast, Apple Slices, Milk Lunch: Baked Chicken Breast, Green Beans, Diced Pears, W. Wheat Bread, Milk PM Snack: Rice Cakes, Milk</p>	<p>Breakfast: Cottage Cheese Egg Muffins, W. Wheat Toast, Diced Peaches, Milk Lunch: Beef and Cheese Taco, Lettuce, Corn, Diced Pineapple, Milk PM Snack: Fresh Mandarin Oranges, W Wheat Club Crackers, Milk</p>	<p>Breakfast: Whole Grain Pancakes, Fresh Blueberries, Milk Lunch: Meatballs, Mashed Potatoes, W Wheat Bread, Mixed Fruit, Milk PM Snack: W. Wheat Ritz Crackers, Wow Butter, Milk</p>	<p>Breakfast: Yogurt, Strawberries, Granola/Cheerios, Milk Lunch: Whole Grain Spaghetti with Meat Sauce, Fresh Garden Salad or Veggie Mix, Diced Peaches, Milk PM Snack: Banana Zucchini Muffins, Milk</p>	<p><i>Muffins in the Morning</i> <i>Parents Night Out</i></p> <p>Breakfast: Muffins, Fresh Fruit, Milk Lunch: Fish Sticks, Peas and Carrots Fruit Salad, Milk PM Snack: Fresh Apples, Wheat Thins/ Ritz Crackers, Milk</p>
11	12	13	14	15
<p>Breakfast: Whole Wheat Bagel, Wow Butter, Apple Slices, Milk Lunch: Chicken Lo Mein, Broccoli and Carrots, Diced Pears, Milk PM Snack: Animal Crackers, Milk</p>	<p>Breakfast: Scrambled Eggs, W Wheat Toast, Diced Peaches, Milk Lunch: Bean and Cheese Taco, Lettuce, Corn, Diced Pineapple, Milk PM Snack: Fresh Mandarin Oranges, W Wheat Club Crackers, Milk</p>	<p>Breakfast: Apple Cinnamon Muffins, Fresh Blueberries, Milk Lunch: Red Beans, Rice with Peas and Carrots, Mixed Fruit, Milk PM Snack: W Wheat Ritz Crackers, Cheddar Jack Cheese, Milk</p>	<p>Breakfast: Yogurt, Strawberries, Granola/Cheerios, Milk Lunch: Whole Grain Macaroni and Cheese, Fresh Garden Salad, Diced Peaches, Milk PM Snack: Fresh Tri-Color Peppers/Cucumber, Hummus, Pretzels, Milk</p>	<p>Breakfast: Whole Grain Cheerios, Fresh Bananas, Milk Lunch: Cheese Pizza, Fresh Tomato Wedge, Fruit Salad, Milk PM Snack: Fresh Apples, Wheat Thins/ Ritz Crackers, Milk</p>
18	19	20	21	22
<p>Breakfast: Blueberry Bagel, Cream Cheese, Apple Slices, Milk Lunch: BBQ Chicken, Pita Pocket, Green Beans, Diced Pears, Milk PM Snack: Graham Crackers, Milk</p>	<p>Breakfast: Oatmeal, Diced Peaches, Raisins, Milk Lunch: Chicken Veggie Ranch Taco, Lettuce, Corn, Diced Pineapple, Milk PM Snack: Fresh Mandarin Oranges, W Wheat Club Crackers, Milk</p>	<p>Breakfast: Whole Grain Waffles, Fresh Blueberries, Milk Lunch: Hamburgers, Sweet Potato, Pickles, Mixed Fruit, Milk PM Snack: W Wheat Ritz Crackers, Fresh Zucchini, Ranch Dip, Milk</p>	<p>Breakfast: Yogurt, Strawberries, Granola/Cheerios, Milk Lunch: Chicken Pasta Alfredo, Fresh Garden Salad or Veggie Mix, Diced Peaches, Milk PM Snack: Mozzarella Cheese Stick, Pretzels, Milk</p>	<p>Breakfast: Whole Grain Chex Cereal, Fresh Bananas, Milk Lunch: Cheese Quesadilla, Fresh Tomato Wedge, Fruit Salad, Milk PM Snack: Fresh Apples, Wheat Thins/ Ritz Crackers, Milk</p>
25	26	27	28	29
<p>Breakfast: Provolone Cheese on Wheat Toast, Apple Slices, Milk Lunch: Baked Chicken Breast, Green Beans, Diced Pears, W. Wheat Bread, Milk PM Snack: Rice Cakes, Milk</p>	<p>Breakfast: Cottage Cheese Egg Muffins, W. Wheat Toast, Diced Peaches, Milk Lunch: Beef and Cheese Taco, Lettuce, Corn, Diced Pineapple, Milk PM Snack: Fresh Mandarin Oranges, W Wheat Club Crackers, Milk</p>	<p>Breakfast: Whole Grain Pancakes, Fresh Blueberries, Milk Lunch: Meatballs, Mashed Potatoes, W Wheat Bread, Mixed Fruit, Milk PM Snack: W. Wheat Ritz Crackers, Wow Butter, Milk</p>	<p>Breakfast: Yogurt, Strawberries, Granola/Cheerios, Milk Lunch: Whole Grain Spaghetti with Meat Sauce, Fresh Garden Salad or Veggie Mix, Diced Peaches, Milk PM Snack: Banana Zucchini Muffins, Milk</p>	<p>Breakfast: Whole Grain Kix Cereal, Fresh Bananas, Milk Lunch: Fish Sticks, Peas and Carrots Fruit Salad, Milk PM Snack: Fresh Apples, Wheat Thins/ Ritz Crackers, Milk</p>