September 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
31 **Breakfast:** Blueberry Bagel, Cream Cheese, Apple Slices, Milk **Lunch:** Baked Chicken Breast, Green Beans, Diced Pears, Wheat Bread, Milk **PM Snack**: Graham Crackers, Milk	1 **Breakfast:** Oatmeal, Diced Peaches, Raisins, Milk **Lunch:** Beef and Cheese Taco, Lettuce, Corn, Diced Pineapple, Milk **PM Snack:** Applesauce, Wheat Club Crackers, Milk	2 **Breakfast:** Whole Grain Waffles, Fresh Blueberries, Milk **Lunch:** Hamburgers, Baked Potato Rounds, Pickles, Mixed Fruit, Milk **PM Snack:** Wow Butter/Ritz sandwich, Milk	3 **Breakfast:** Yogurt, Strawberries, Granola/Cheerios, Milk **Lunch:** Chicken Pasta Alfredo, Fresh Salad/Veggie Mix, Diced Peaches, Milk **PM Snack:** Mozzarella Cheese Stick, Pretzels, Milk	4 **Breakfast:** Whole Grain Cereal, Fresh Bananas, Milk **Lunch:** Cheese Quesadillas, Fresh Tomato & Cucumber, Fruit Salad, Milk **PM Snack:** Fresh Melon, Wheat Thins/ Ritz Crackers, Milk
7 **Labor Day** **SFEI Closed**	8 **Breakfast:** Cottage Cheese Egg Squares, Wheat Toast, Diced Peaches, Milk **Lunch:** Bean and Cheese Taco, Lettuce, Corn, Diced Pineapple, Milk **PM Snack:** Fresh Mandarin Oranges, Wheat Club Crackers, Milk	9 **Breakfast:** Whole Grain Pancakes, Fresh Blueberries, Milk **Lunch:** Meatballs, Mashed Potatoes, Carrots, Mixed Fruit, Milk **PM Snack:** Goldfish Crackers, Milk	10 **Breakfast:** Yogurt, Strawberries, Granola/Cheerios, Milk **Lunch:** Whole Grain Spaghetti with Meat Sauce, Fresh Salad/Veggie Mix, Diced Peaches, Milk **PM Snack:** Fresh Banana Zucchini Bread, Milk	PNO 5:30-10:30 11 **Breakfast:** Whole Grain Cereal, Fresh Bananas, Milk **Lunch:** Fish Sticks, Peas and Carrots, Fruit Salad, Milk **PM Snack:** Fresh Melon, Wheat Thins/ Ritz Crackers, Milk
14 **Breakfast:** Provolone Cheese on Wheat Toast, Apple Slices, Milk **Lunch:** Chicken Breast Sandwich, Green Beans, Diced Pears, Milk **PM Snack:** Cheese Crackers, Milk	15 **Breakfast:** Scrambled Eggs with Potatoes, Diced Peaches, Milk **Lunch:** Beef and Cheese Taco, Lettuce, Corn, Diced Pineapple, Milk **PM Snack:** Applesauce, Wheat Club Crackers, Milk	16 **Breakfast:** Whole Grain Waffles, Fresh Blueberries, Milk **Lunch:** Toasted Tofu Bites, Jasmine Rice, Mixed Vegetables, Mixed Fruit, Milk **PM Snack:** Fresh Cucumber, Corn Chips, Milk	17 **Breakfast:** Yogurt, Strawberries, Granola/Cheerios, Milk **Lunch:** Turkey Meatballs, Marinara Pasta, Fresh Salad/Veggie Mix, Diced Peaches, Milk **PM Snack:** Fresh Veggies, Avocado Yogurt Dip, Tortilla Chips, Milk	18 **Breakfast:** Whole Grain Cereal, Fresh Bananas, Milk **Lunch:** Cheese Pizza, Fresh Tomato & Cucumber, Fruit Salad, Milk **PM Snack:** Fresh Melon, Wheat Thins/ Ritz Crackers, Milk
21 **Breakfast:** Wheat Bagel, Wow Butter, Apple Slices, Milk **Lunch:** BBQ Chopped Chicken, Pita Pocket, Green Beans, Diced Pears, Milk **PM Snack:** Animal Crackers, Milk	22 **Breakfast:** Scrambled Eggs, Wheat Toast, Diced Peaches, Milk **Lunch:** Chicken Fajita Taco, Lettuce, Corn, Diced Pineapple, Milk **PM Snack:** Fresh Mandarin Oranges, Wheat Club Crackers, Milk	23 **Breakfast:** Fresh Blueberry Muffin Squares, Milk **Lunch:** Red Beans, Rice with Peas and Carrots, Mixed Fruit, Milk **PM Snack:** Cheese Crackers, Milk	24 **Breakfast:** Yogurt, Strawberries, Granola/Cheerios, Milk **Lunch:** Whole Grain Macaroni and Cheese, Fresh Salad/Veggie Mix, Diced Peaches, Milk **PM Snack:** Fresh Veggies, Hummus, Pretzels	25 **Breakfast:** Whole Grain Cereal, Fresh Bananas, Milk **Lunch:** Turkey and Cheese Tortilla Roll Ups, Pickles, Fresh Tomato & Cucumber, Fruit Salad, Milk **PM Snack:** Fresh Melon, Wheat Thins/ Ritz Crackers, Milk
28 **Breakfast:** Blueberry Bagel, Cream Cheese, Apple Slices, Milk **Lunch:** Baked Chicken Breast, Green Beans, Diced Pears, Wheat Bread, Milk **PM Snack**: Graham Crackers, Milk	29 **Breakfast:** Oatmeal, Diced Peaches, Raisins, Milk **Lunch:** Beef and Cheese Taco, Lettuce, Corn, Diced Pineapple, Milk **PM Snack:** Applesauce, Wheat Club Crackers, Milk	30 **Breakfast:** Whole Grain Waffles, Fresh Blueberries, Milk **Lunch:** Hamburgers, Baked Potato Rounds, Pickles, Mixed Fruit, Milk **PM Snack:** Wow Butter/Ritz sandwich, Milk	1 **Breakfast:** Yogurt, Strawberries, Granola/Cheerios, Milk **Lunch:** Chicken Pasta Alfredo, Fresh Salad/Veggie Mix, Diced Peaches, Milk **PM Snack:** Mozzarella Cheese Stick, Pretzels, Milk	2 **Breakfast:** Whole Grain Cereal, Fresh Bananas, Milk **Lunch:** Cheese Quesadillas, Fresh Tomato & Cucumber, Fruit Salad, Milk **PM Snack:** Fresh Melon, Wheat Thins/ Ritz Crackers, Milk